

Grupos de apoyo para cuidadores familiares - Programa mensual

Mañana, Tarde, Noche

Semana	Lunes	Martes	Miércoles	Jueves	Viernes
1°	Caregiver Support Group Virtual English 10am - 11am 1 st and 3 rd Monday	Telephonic Support Group Virtual English 7pm - 8pm 1 st and 3 rd Tuesday	Telephonic Support Group Virtual English 10am - 11am 1 st and 3 rd Wednesday	Vietnamese Caregiver Support Group In-Person 10:30am - 11:30am 1st and 3rd Thursday Spanish Caregiver Support Group In-Person 5pm - 6pm 1st and 3rd Thursday	Caregiver Support Group Virtual English 1:30pm – 2:30pm 1 st and 3 rd Friday
2°	Caregiver Support Group Virtual English 1:30pm – 2:30pm 2 nd and 4 th Monday	Men's Caregiver Support Group Virtual English 3pm - 4pm 2 nd and 4 th Tuesday	Caregiver Support Group In-Person English 10am - 11:30am 2nd and 4th Wednesday "Sandwich Generation" & Young Caregiver Support Group Virtual English 6:30pm - 7:30pm 2nd and 4th Wednesday Caregiver Support Group for Spouses Virtual English 6:30pm - 7:30pm 2nd and 4th Wednesday		
3°	Caregiver Support Group Virtual English 10am - 11am 1 st and 3 rd Monday	Telephonic Support Group Virtual English 7pm - 8pm 1 st and 3 rd Tuesday	Telephonic Support Group Virtual English 10am - 11am 1 st and 3 rd Wednesday	Vietnamese Caregiver Support Group In-Person 10:30am - 11:30am 1st and 3rd Thursday Caregivers Connecting through Art In-Person English 10am - 11:30am 3rd Thursday (1x/month) Spanish Caregiver Support Group In-Person 5pm - 6pm 1st and 3rd Thursday	Caregiver Support Group Virtual English 1:30pm – 2:30pm 1 st and 3 rd Friday
4°	Caregiver Support Group Virtual English 1:30pm – 2:30pm 2 nd and 4 th Monday	Men's Caregiver Support Group Virtual English 3pm - 4pm 2 nd and 4 th Tuesday	Caregiver Support Group In-Person English 10am - 11:30am 2 nd and 4 th Wednesday "Sandwich Generation" & Young Caregiver Support Group Virtual English 6:30pm - 7:30pm 2 nd and 4 th Wednesday Caregiver Support Group for Spouses Virtual English 6:30pm - 7:30pm 2 nd and 4 th Wednesday		